



TOORAWEEAH PUBLIC SCHOOL

NEWSLETTER—11.02.15



School News Week 3 Term1

Swimming Carnival

Congratulations to parents, staff and especially the students on another outstanding swimming carnival last Thursday. Parents provided transport, acted as officials and were very vocal supporters of the swimmers. Congratulations to Butler as the winning house.

Champions were:

Juvenile Boy= Kayne Hanney Juvenile Girl = Charlotte Ferguson Junior Boy = Blake Duff

Junior Girl = Grace Peart 11 Years Boys = Archie Haling 11 Years Girls = Breanna Dann

Senior Boy= Lachlan Ferguson Senior Girl= Ellie Peart

Small Schools Swimming Carnival

For your information, with School News this week is a full program for the Small Schools swimming carnival in Dubbo this Friday. Tooraweenah is defending the overall point score trophy that we snared last year from Wongarbron that has an enrolment of about 70. They won it in 2011, 2012 and 2013. Go Toora-let's make it a double.

Canteen/ lunch orders

Next week – Monday = lunch orders through Leonie Watt at the garage. Friday = school canteen starts.

Maintenance

Work commences soon on the replacement of wood around the roof of the toilet block, hopefully replaced by colourbond. All you get for \$12,000 is that work and a lick of paint on the ceilings of the boys and girl's sides. I'm in the wrong business!!! This year I hope to give my spray gun a run and we get the outside painted which should substantially improve the appearance in this area. The canteen Kurrajong tree and the two out the front are going too.

'Small Schools, Big Future'

Col Hare

Principal



Parent tips for use in school newsletters and on school websites – 30 January 2015

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips>

Doing well in class

Our expert panel shares tips about how parents can help their younger and older kids reach their full potential at school and motivate them for learning. Watch the video.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/development/getting-off-to-a-good-start/good-start-chapter-one>

Primary school

Eight ways to get your kids organised

Are you ready for morning madness, late assignments, yesterday's half-eaten lunch sweating in the schoolbag? Just like adults, children cope much better if they can manage their time and their environment wisely.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/eight-great-ways-to-get-your-kids-organised-for-school>

Smart foods to boost learning

Mother Nature is full of foods that help us think and feel better. What do you give your child to help them think more clearly, and enhance concentration and memory?

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/food/smart-foods-to-boost-learning>

High school

Parents pool their tips

Ask your child to write all their teachers' names on their timetables and make a copy for the fridge. If they have a mobile phone, have them take a **photo of their timetable** so they have it with them all the time. Read more tips from experienced parents.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/planning-for-the-future/back-to-school-checklist>

Benefits of team sports

If you want your child to grow up to be a confident and well-adjusted adult, then team sports may well be the answer. Benefits include learning how to be more resilient, and being less likely to feel isolated.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/benefits-of-team-sports>

Tooraweenah Swimming Carnival 5/2/2015



CANTEEN MENU AND PRICELIST - EFFECTIVE TERM 1– 2015

- Lunch to be ordered on bags (name and class)
- Home cooking (to be suitable) for 50c each

<u>HOT FOOD</u>		<u>AVAILABLE 2ND HALF LUNCH ONLY</u>	
Chicken bites	0.60	Fandangles Ice Cream Block	1.50
Fish Finger	0.60		
Party Pies	0.65	Bulla Yoghurt Minis	1.00
BURGERS –Homemade patties Tomato or BBQ Sauce			
Cheese Burger	3.50	Quelch Ice Blocks	0.60
Plain Burger –tomato , beetroot , lettuce	5.00		
With cheese	5.50	Sun Fruit Lollies	0.10
Chicken Burger –lettuce and mayo	5.00	CHIPS	
Homemade Lasagne	4.00	Red Rock plain	1.30
<u>Lasagne with salad</u>	6.00	Red Rock honey soy	1.30
		Smiths salt and vinegar	1.30
		Smiths cheese twisties	1.30
SANDWICHES/WRAPS all made with fresh chicken and choice of mayo or Caesar dressing *please state sandwich or wrap on order*			
		DRINKS	
Cheese	3.00		
Chicken and lettuce	4.00	Poppers –orange ,apple tropical	1.30
Cheese salad –tomato ,beetroot cucumber , lettuce	4.50	Milkshakes –chocolate , caramel , strawberry , plain	1.10
Chicken salad –tomato, beetroot, cucumber, cheese, lettuce	5.50	Milo – cold or warm	1.10
Mexican –taco mince ,tomato, cheese lettuce	5.50		

Workers _____

Date _____

Lunch Order Tally Sheet

A copy will be available in the Canteen

<u>LUNCH</u>					
Chicken Bites					
Party Pies					
Fish Fingers					
Cheese Burger					
Plain Burger					
Chicken Burger					
Lasagne					
<u>SANWICH/WRAPS</u>					
Cheese	S				
	Wrap				
Chicken and lettuce	S				
	Wrap				
Cheese salad	S				
	Wrap				
Chicken salad	S				
	Wrap				
Mexican	S				
	Wrap				
<u>DRINKS</u>					
Poppers	Orange		Apple		
	Tropical				
Milkshake	Chocolate		Strawberry		
	Caramel		Plain		
Milo	Cold		Warm		

CANTEEN ROSTER TERM 1

Date	Worker/s	Home Cooking
13.02.15 NO CANTEEN Small schools swimming carnival -Dubbo		
20.02.015	Mel Peart	Mel, Kylie Moppett , Sara Worner
27.02.15	Cherie McWhirter ,Kate Mcwhirter	Janine Ferguson, Kate McWhirter, Cherie McWhirter
6.03.15	Ashley Starr ,Fiona Dann	Ashley Starr , Fiona Dann , Alexis
13.03.15	Cath Peart	Cath Peart , Kylie Moppett , Ben Myall
20.03.15	Sonia Bonham ,Bindi Haling	Sonia Bonham, Bindi Haling , Steve Watt
27.03.15	Mel Peart , Karen Smith	Karen Smith , Sara Worner , Greg Winter

All home cooking will be sold for 50c each
 *IF YOU CAN NOT WORK PLEASE MAKE ALTERNATIVE ARRANGEMENTS OR
 CALL MEL PEART ON 68 254 233

Tooraweenah Public School Swimming
Carnival 5.2.2015

