



Safe, Respectful Achievers

TOORAWEENAH PUBLIC SCHOOL NEWSLETTER – 10.4.2019



School News Week 1 Term 2

Welcome back for Term 2. With so many exciting activities planned in the coming weeks, the term is sure to be full of engagement in learning.

NEWS

Easter Activities

Our school was abuzz with Easter activities on Thursday 11th April, when School and Preschool students participated in Easter chocolate making, bunny face cooking, craft, cooking in and sand art. Students worked in groups and rotated around activities while parents, community members and teachers assisted. Thank you to parents and friends who came in to support the students.



Crazy Hair Day

Our school leaders organized a Crazy Hair Day fundraiser for Cystic Fibrosis on the last day of school for Term 1. Students brought in a gold coin donation raising \$28 to support this worthy cause.



ANZAC DAY

The Anzac Day Service at the Tooraweenah Memorial Hall is always an important and significant day in our school calendar. We were honoured to present an item during the service, this year being the song 'We'll Take Beersheba.' Souljah Hughes and Tallis Brown lay the wreath on behalf of Tooraweenah Public School and students marched to the cenotaph. It was pleasing to see our students respectfully participate in the service and acknowledge the sacrifices of our service men and women. Mrs Jenkin and I were very proud of the way the students conducted themselves.



EVENTS COMING UP

P&C Meeting this Friday

There will be a P&C General Meeting this Friday 3rd May at 4pm.

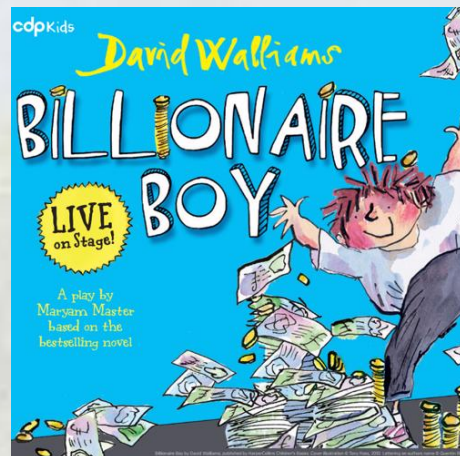
Coonamble Gala Day

The Coonamble Gala Day is on Tuesday 7th May. We are looking forward to participating in this day with Carinda, Quambone, Gwabegar and Marra Creek. For those from 3-6 who have indicated their interest, please complete the permission note return to school ASAP. Rugby League players are required to wear mouth guards and head gear. Uniform information is detailed on the permission note.

Transport for the Coonamble Gala Day is private transport. Please indicate if you need assistance in transporting your child to the day and the school will assist where possible.

Billionaire Boy

Students will be travelling to Dubbo on Wednesday 8th May for the performance of Billionaire Boy at the Dubbo Regional Theatre. This is a whole school activity and the links to literacy studies on the novel Billionaire Boy by David Walliams. The cost of this excursion, tickets and bus, has been generously donated by Wenona School as a drought relief initiative for our school. Thank you to Georgia, Ellie and Grace Peart and family for putting forward our school as a recipient for this supportive gesture.



Mark Pitts- Fitness and Rugby

Rugby skills and fitness lessons will commence this Friday 3rd May. Some sessions this term will be held at the school and others at Mark Pitt's Fitness Facility. Please complete the permission note for off-site lessons and return to the school office.

Cross Country

The Tooraweenah Cross Country will be on Friday 17th May at 9:15am at the Tooraweenah Golf Course.

For qualifying students, the District Cross Country will be held on Wednesday 5th June in Geurie.

Save the Date – TPS Athletics Carnival

The Tooraweenah Public School Athletics Carnival will be held on the last day of Term 2, Friday 5th July.

Term 2 Calendar

There have been a few additions and minor changes on the Term 2 calendar. Please replace or modify with info from the calendar attached.

NOTICES

Canteen News

Please find attached the canteen menu and price list for Term 2 as well as the Canteen roster for workers and home cooking.

Woolworths Earn and Learn

The school will be collecting Earn and Learn stickers from Woolworths again this year. Please spread the word amongst friends and family and get collecting!

School Hats

It would be greatly appreciated if you could support the school with sun safety. Students must bring their school hat to school each day, particularly on Fridays as they spend more time outdoors due to sport. Students are to wear school hats (not casual caps) and hats can be purchased from the school for \$14 if a replacement is needed.

Preschool Mother's Day Raffle

The Preschool will be holding a Mother's Day raffle. Information is attached and I encourage you to support this fundraiser.

Karen Smith

Relieving Principal

Week 1	3.5.19	Worker:	Cherie McWhirter
		Home Cooking	Karen Smith
		Helper:	Lily Smith
Week 2	10.5.19	Worker:	Jamee Wykes
		Home Cooking	Shannon Brown
		Helper:	Tallis Brown



ANZAC DAY 2019



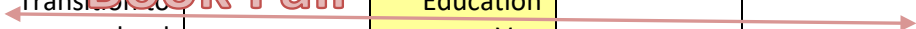
Easter Fun!!



Term 2 2019

April/ May	1	School Development Day (Pupil Free) 29	30	1	2	P&C General Meeting 4pm 3	4	5
May	2		Years 3-6 Coonamble Netball and Rugby League Gala Day 7	K-6 Excursion Billionaire Boy at DRTCC 8	9	10	11	12
May	3	PBL Meeting 13	Naplan 14	Naplan 15	Naplan 16	TPS Cross Country 9:15am 17	18	19
May	4	John Fleming Gilgandra PS 20	21	22	Western Plains Principals Network Meeting 23	Western Plains Principals Network Meeting 24	25	26
May/ June	5	27	Y-PEP 28	Y-PEP 29	30	31	1	2
June	6	PBL Meeting 3	4	District Cross Country 5	6	P&C Special Meeting with Director Chris Shaw 4pm 7	8	9
June	7	Queen's Birthday 10	11	12	13	14	15	16
June	8	Transition to School Starts 17	18	19	20	External Validation Submission Due 21	22	23
June	9	Transition to school 24	25	Life Education Van 26	27	28	29	30
July	10	Reports go home this week. Transition PBL Meeting 1	2	3	4	TPS Athletics Carnival 5	6	7

Book Fair



7 Top Tips for Healthy Families

1. GET ACTIVE EACH DAY

Regular physical activity is an important part of getting healthy and staying healthy. Do something active everyday!



3. EAT MORE FRUIT AND VEGETABLES

Eat a variety of fruit and vegetables to make up 2 serves of fruit and 5 serves of veggies each day. Participating in **Crunch n Sip** or in a fruit break at school is a great way to do this!



5. EAT FEWER SNACKS AND CHOOSE HEALTHIER ALTERNATIVES

Healthy snacks in between main meals help kids meet their daily nutritional needs. Make sure the lunch box is filled with healthy fruit n veg snacks.



2. CHOOSE WATER AS A DRINK

Drinking water is the best way to quench your thirst. Even better, it doesn't come with all the sugar and kilojoules found in fruit juice drinks, soft drinks and sports drinks.



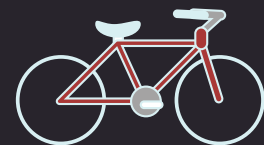
4. TURN OFF THE SMALL SCREENS AND GET ACTIVE

Spending too much time using or watching small screens can mean being less active and choosing unhealthy snacks while you watch TV....turn it off and get active after school!



6. ACTIVE TRAVEL

Walk, scoot or ride to school! Families who live a long distance from school can 'Park and Walk or Ride'. And remember active travel is for the weekends too!



FOR FURTHER INFORMATION VISIT:

Healthy Kids website

<https://www.healthykids.nsw.gov.au>

Healthy School Canteens

<https://healthyschoolcanteens.nsw.gov.au>

Healthy Lunch Box ideas

<https://healthylunchbox.com.au>

7. CHOOSE EVERYDAY FOOD AT THE SCHOOL CANTEEN

If your school has a healthy canteen make sure you choose **everyday** food and drink items filled with fruit 'n veg.



Mother's Day Raffle

Tooraweenah Preschool is holding a Mother's Day Raffle to raise funds for our wonderful preschool and we would love your support.

Win yourself or an important mother in your life a special Mother's Day prize. The prizes include earrings from MJxo Designs, Moscato wine, shampoo and conditioner pack, vouchers for massages and reflexology at Mountainview Beauty as well as make up and face cream packs from Gilgandra Pharmacy.

Tickets are \$2 each or 3 for \$5.

Please fill out and return any tickets you wish to purchase with money to Tooraweenah Public School by Friday 10th May.

Raffle will be drawn on Mother's Day. If you or anyone you know would like more tickets please contact Nadine Jenkin on nadinedent7@gmail.com



Mother's Day Raffle

Name _____

Phone _____



Mother's Day Raffle

Name _____

Phone _____



Mother's Day Raffle

Name _____

Phone _____



CANTEEN MENU & PRICELIST

Term 2 2019

Lunch to be Ordered on Bags (Name & Class)

HOT FOOD			
Fish Fingers	\$ 0.60		
Party Pies	\$ 0.65		
Chicken Nuggets	\$ 0.65		
Single Serve Pizza- Cheese & Bacon	\$ 2.50		
6 Potato Gems(oven baked)	\$2.50		
SANDWICHES/WRAPs		Drinks Available	
Please note if you want it Toasted			
Chilli Chicken Wrap - 1 Chilli Tender,	\$4.00	Poppers -Tropical, Apple or	\$1.50
lettuce,cheese,tomato & sweet chilli sauce		Apple and Blackcurrant	
Flame Grilled Chicken Wrap -Grilled	\$ 5.00	Milo -Cold or Warm	\$1.00
Chicken breast, lettuce, cheese, tomato		Milk Poppers - Chocolate or	\$1.50
and mayo.		Strawberry	
Roast Chicken Wrap - Chicken, lettuce,	\$4.00	Chill J's -Watermelon,	All \$2.00
cheese, tomato & mayo or chilli sauce		Apple/Cola, Grape &	
Cheese Sandwich	\$ 3.00	Orange & Passio	
Taco Wrap - Taco mince, lettuce, cheese, tomato			
	\$ 5.00		
(or any combination of the above)			
Lasagna (homemade)	\$ 5.00		
Pasta Bolognese (homemade)	\$ 5.00		
Chicken Carbonara (homemade)	\$ 5.00		

Drinks can be ordered on Lunch bags or purchased separately during recess or lunch.

Parent Roster Term 2 2019

DATE	WORKER	HOME COOKING	STUDENT HELPER
Week1. 3/5/19	Cherie McWhirter	Karen Smith	Lily
Week 2. 10/5/19	Jamee Wykes	Shannon Brown	Tallis
Week3. 17/5/19	Cherie McWhirter	Cherie McWhirter	Brock
Week 4. 24/5/19	Nadine Jenkin	Ash Starr	Souljah
Week 5. 31/5/19	Sonia Bonham	Brooke French	Lexi
Week 6. 7/6/19	Jamee Wykes	Shannon Brown	Taylor
Week 7. 14/6/19		Jamee Wykes	Lara
Week 8. 21/6/19	Nanma & Gran	Ash Starr	Darcy
Week 9 .28/6/19	Sonia Bonham	Brooke French	Indy
Week 10. 5/7/19	Cherie McWhirter	Karen Smith	Jahkaia

Please do approx 24 pieces of cooking when you are rostered to work or do home cooking